

FALL GYM SCHEDULE



MON

5:00a-10:00p

TUE

5:00a-10:00p

WED

5:00a-10:00p

THUR

5:00a-10:00p

FRI

5:00a-10:00p

SAT

7:00a-6:00p

SUN

7:00a-4:00p

GROUP FITNESS

Entire Gym
8:00a-9:30a

GROUP FITNESS

Entire Gym
8:00a-9:30a

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8:00a-9:30a

GROUP FITNESS

Entire Gym
8:00a-9:30a

OPEN GYM

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NOON BALL

Half Gym
12:00p-1:30p
*anyone is welcome

NOON BALL

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12:00p-1:30p
*anyone is welcome

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NOON BALL

Half Gym
12:00p-1:30p
*anyone is welcome

AFTER SCHOOL

Half Gym
3:30P-4:30P

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3:30P-4:30P

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3:30P-4:30P

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3:30P-4:30P

AFTER SCHOOL

Half Gym
3:30P-4:30P

ADULT VBALL

Half Gym
5:15p-7:45p

ADULT VBALL

Half Gym
5:15p-8:30p

All open times are considered open gym.

Please be respectful to all members using gym space.
basketballs, volleyballs & footballs are available at the
front desk for members.

SCHEDULE MAY VARY BASED ON WEATHER CONDITIONS.