



# JOIN THE FAMILY TRADITION NOVEMBER 25th

1 Mile Fun Run, 5K or 10K Run

	Before 11/11	After 11/11
Individual	<b>\$30</b>	<b>\$40</b>
Family <small>up to 4, \$15 each additional</small>	<b>\$60</b>	<b>\$70</b>

Register by November 11 to be guaranteed a shirt

Packet Pick Up - YMCA

Wednesday, November 24, 9 a.m. - 6 p.m.

Race Day 6:00am - 7:30am

**REGISTRATION** Deadline to register is November 24

**quincyyymca.net**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_  Male  Female  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Course:  1Mile Fun Run  5K Walk  5K Run  10K Run  Swim  
 Shirt Size: YS YM S M L XL XXL  
Circle one. Registrations before Nov. 11 are guaranteed a shirt

**Family Included**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_  Male  Female  
 Course:  1Mi Fun Run  5K Walk  5K Run  10K  Swim  
 Shirt Size: YS YM S M L XL XXL  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_  Male  Female  
 Course:  1Mi Fun Run  5K Walk  5K Run  10K  Swim  
 Shirt Size: YS YM S M L XL XXL  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_  Male  Female  
 Course:  1Mi Fun Run  5K Walk  5K Run  10K  Swim  
 Shirt Size: YS YM S M L XL XXL  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_

**Additional Family - \$15 each (maximum of 4)**

Total Due: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_  Male  Female  
 Course:  1Mi Fun Run  5K Walk  5K Run  10K  Swim  
 Shirt Size: YS YM S M L XL XXL  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_  Male  Female  
 Course:  1Mi Fun Run  5K Walk  5K Run  10K  Swim  
 Shirt Size: YS YM S M L XL XXL  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_  Male  Female  
 Course:  1Mi Fun Run  5K Walk  5K Run  10K  Swim  
 Shirt Size: YS YM S M L XL XXL  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_  Male  Female  
 Course:  1Mi Fun Run  5K Walk  5K Run  10K  Swim  
 Shirt Size: YS YM S M L XL XXL  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_