



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA JOB DESCRIPTION

Job Title: **Lifeguard**

FLSA Status: Non-Exempt, Part-Time Hourly

Reports to: Program Director

Association: YMCA of West Central Illinois

Branch: Quincy

---

### POSITION SUMMARY:

Under the supervision of the Program Director, the Lifeguard is responsible for providing a safe, enjoyable and positive environment that promotes member wellness and engagement in accordance with the YMCA core values, policies and procedures.

### ESSENTIAL FUNCTIONS:

Lifeguard will be expected to perform the following duties to successfully maintain a positive environment:

1. Be punctual.
2. Maintains accurate records of pool chemical levels.
3. Models relationship-building skills in all interactions.
4. Maintain a friendly, professional, and positive environment in order to achieve an overall feeling of belonging at the YMCA.
5. Builds effective relationships with members; helps members connect with each other and the YMCA.
6. Follows YMCA policies and procedures; responds to emergency situations.
7. Other duties as assigned by Wellness Director or Aquatics Coordinator.

### YMCA COMPETENCIES (Leader):

Mission Advancement: Accepts and demonstrates the Y's values.

Collaboration: Builds rapport and relates well to others. Listens for understanding and meaning, speaks and writes effectively.

Operational Effectiveness: Makes sound judgments and transfers learning from one situation from another.

### QUALIFICATIONS:

1. Required certifications; Current Red Cross or YMCA lifeguard certification, CPR, First Aid and AED.
2. Required trainings and meetings; Staff Meetings, and Child Abuse Training.

### PHYSICAL DEMANDS

To perform satisfactorily, the Lifeguard must be able to perform the following functions unaided or with the assistance of reasonable accommodation:

1. Be able to read and write.
2. Be able to lift at least 25 pounds.
3. Be able to relate effectively to a diverse group of people.
4. Responsible for making sure members follow all rules/guidelines while in the pool area.
5. Be able to stoop, bend and stretch when performing performing activities with children or adults.
6. Be able to use sound judgment when making complex decisions.

**EFFECTS ON END RESULTS**

- 1. Accepts and demonstrates YMCA values. Works effectively with people of different backgrounds, abilities, opinions and perceptions.
- 2. Seeks first to understand the other person’s point of view, and remains calm in challenging situations. Builds rapport and relates well to others. Listens for understanding and meaning; speaks and writes effectively. Takes initiative to assist in developing others.
- 3. Strives to meet or exceed goals and deliver a high-value experience for members. Embraces new approaches and discovers ideas to create a better member experience. Makes sound judgments, and transfers learning from one situation to another. Establishes goals, clarifies tasks, plans work and actively participates in meetings.
- 4. Accurately assesses personal feelings, strengths and limitations and how they impact relationships. Pursues self-development that enhances job performance. Demonstrates an openness to change, and seeks opportunities in the change process.

\_\_\_\_\_  
Employee Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Supervisor Signature

\_\_\_\_\_  
Date