

QUINCY FAMILY YMCA POOL SCHEDULE August 19th-31st 2020

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Main Pool Schedule

Schedule Begins:
August 19th 2020 and
is subject to change.

Multiple activities are
often scheduled in this
pool at the same time

**Lane space is limited
at times**

Lap Swim Tips:

Please enter the pool
from the deep end. To
avoid accidents, when
entering an occupied
lane, please get the
first swimmer's
acknowledgement that
you are there. Please
get kickboards, pool
buoys, etc. before
entering the pool.

Age Guidelines:

Children under the age
of 14 MUST be
accompanied by an
adult. All youth under
the age of 18 must
pass a swim test to
swim in the deep end
of the pool.

**DOWNLOAD THE
MOBILE APP TO
ACCESS OUR POOL
SCHEDULE**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5am- 8am Lap Swim (1 Lane Reserved for Water Walking)					Closed	Closed
	8am-9am Aqua Aerobics and Deep end Laps	8am-9am Dicks Dolphins	8am-9am Aqua Aerobics and Deep end Laps	8am-9am Aqua Jog	8am-9am Open Swim and Full Length Laps	7:00am- 10:30am Open Swim and Full Lenth Laps	10am-2pm Open Swim and Full Length Laps
	9am-11am Closed	9am-11am Closed	9am-11am Closed	9am-11am Closed	9am-11am Closed		
	11am-1pm Open Swim and Full Length Laps	11am-1pm Open Swim and Full Length Laps	11am-1pm Open Swim and Full Length Laps	11am-1pm Open Swim and Full Length Laps	11am-1pm Open Swim and Full Length Laps	Closed	
	1pm-4pm Closed						
	4pm-6pm Swim Team Practice ONLY	4pm-6pm Closed	4pm-6pm Swim Team Practice ONLY	4pm-6pm Closed	4pm-6pm Swim Team Practice ONLY	Closed	Closed
	6pm-7pm Aqua Jog and Shallow End	6pm-7:15pm Group Swim Lessons Only	6pm-7pm Aqua Jog and Shallow End	6pm-7:15pm Group Swim Lessons Only	Closed		
	Closed	Closed	Closed	Closed	Closed		
	<p>SWIM TEAM - Swim Team will use up to 6 lanes of the pool in the afternoon. At this time, the pool will be designated for private swim team practice with no lap lanes available</p> <p>Open Swim & Full Length Laps - One or two lap lanes open for lap swim, rest of pool open for water walking, family and open swim.</p>					<p>Members are encouraged to practice good hand hygiene and social distancing. Face coverings are not required in the pool area.</p>	