



THANKSGIVING
NOVEMBER 28
8:00am

Individual

Before 11/14*

\$30

After 11/14

\$40

Family up to 4, \$15 each additional

\$60

\$70

Register by November 14 to be guaranteed a shirt

Packet Pick Up - YMCA Gymnasium

Wednesday, November 27, 9:00am - 6:00pm

Race Day 6:30am - 7:30am

1 Mile Fun Run, 5K Walk, 5K or 10K Run, or Swim

REGISTRATION Deadline to register is November 26

quincyymca.net

Name: _____ DOB: _____ Male Female
 Address: _____
 City: _____ State: _____ Zip: _____
 Email: _____ Phone: _____
 Course: 1Mile Fun Run 5K Walk 5K Run 10K Run Swim
 Shirt Size: YS YM S M L XL XXL
 Circle one. Registrations before Nov. 14 are guaranteed a shirt

Family Included

Name: _____ DOB: _____ Male Female
 Course: 1M 5KW 5KR 10KR Swim
 Shirt Size: YS YM S M L XL XXL
 Email: _____ Phone: _____

Name: _____ DOB: _____ Male Female
 Course: 1M 5KW 5KR 10KR Swim
 Shirt Size: YS YM S M L XL XXL
 Email: _____ Phone: _____

Name: _____ DOB: _____ Male Female
 Course: 1M 5KW 5KR 10KR Swim
 Shirt Size: YS YM S M L XL XXL
 Email: _____ Phone: _____

Additional Family - \$15 each (maximum of 4)

Total Due: _____

Name: _____ DOB: _____ Male Female
 Course: 1M 5KW 5KR 10KR Swim
 Shirt Size: YS YM S M L XL XXL
 Email: _____ Phone: _____

Name: _____ DOB: _____ Male Female
 Course: 1M 5KW 5KR 10KR Swim
 Shirt Size: YS YM S M L XL XXL
 Email: _____ Phone: _____

Name: _____ DOB: _____ Male Female
 Course: 1M 5KW 5KR 10KR Swim
 Shirt Size: YS YM S M L XL XXL
 Email: _____ Phone: _____

Name: _____ DOB: _____ Male Female
 Course: 1M 5KW 5KR 10KR Swim
 Shirt Size: YS YM S M L XL XXL
 Email: _____ Phone: _____