



Let a little push pull you towards better health.

Personal Training sessions are proven to help you stick with exercise long-term.

Personal Training Sale

5 Session Package

***Limit one package per unit**

Y Member \$125 (save \$61)

NonMember \$200 (save \$53)

Prices valid May 13–24, 2019.

For more information 222.9622 | quincymca.net